

# GREEK-AMERICAN ANESTHESIA DAYS ADVANCES IN ANESTHESIOLOGY

2023

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23&24 SEPT

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# GREEK-AMERICAN ANESTHESIA DAYS ADVANCES IN ANESTHESIOLOGY

ATHENS ROYAL OLYMPIC HOTEL

23&24 SEPT 2023

WELCOME MESSAGE

Dear colleagues,

It is with great honor and pride to welcome you at the first “**Greek-American Anesthesia Days: Advances in Anesthesiology 2023**” Symposium.

Ten distinct professors from Mayo Clinic and Stanford University, USA and eleven from Greek Universities and General Hospitals, will give CME lectures in anesthesiology and perioperative medicine.

Topics include Regional and Robotic Anesthesia, Pediatric, Thoracic and Obstetric Anesthesia, Hemostasis, the Difficult Airway, Mechanical Ventilation, Multimodal Anesthesia and Analgesia. Given the expertise of our speakers and the outstanding clinical, academic and advanced research centers they come from, this symposium promises to be amongst the highest quality worldwide.

Our professors eagerly await to meet you and share their experiences with you. The organizing committee with great respect and high hopes welcomes you to share this educational experience with us.

On behalf of the Scientific Organizing Committee

**Georgia Kostopanagiotou**  
Emeritus Professor  
of Anesthesiology  
N.K. University of Athens

**Gurinder M. Vasdev**  
Assistant Professor  
of Anesthesiology  
Mayo Clinic USA

**Maria N. Psomas**  
Anesthesiologist  
Mayo Clinic USA,  
Hygeia-Mitera Hospital



# FACULTY

## SPEAKERS FROM USA

### **Juliane Bingener-Casey**

MD, Professor of Surgery, Endocrine,  
Metabolic and GI surgery, Mayo Clinic, USA

### **Paul E. Carns**

MD, Assistant Professor of Anesthesiology,  
Director -Eisenberg Division Morbidity  
and Mortality Committee Mayo Clinic, USA

### **Beth A. Elliott**

MD, Associate Professor of Anesthesiology,  
Chair of Education Subcommittee,  
Midwest Facilities Committee, Mayo Clinic, USA

### **Robert J. Friedhoff**

MD, Assistant Professor of Anesthesiology,  
Senior Pediatric Anesthesiologist, Mayo Clinic, USA

### **Julie E. Hammack**

MD, Associate Professor of Neurology,  
Joint Appointments: Hematology, Oncology,  
Neurologic Surgery, Mayo Clinic, USA

### **Jennifer Henderson**

Clinical Assistant professor Wayne State University,  
Director of Obstetric Anesthesia at Trinity health  
Oakland, USA

### **Jason K. Panchamia**

DO, Assistant Professor of Anesthesiology,  
Mayo Clinic, USA

### **Steven H. Rose**

MD, Professor of Anesthesiology,  
Vice Chair of Midwest Education Committee,  
Academy of Educational Excellence, USA

### **Pedro Tanaka**

MD, Clinical Professor, Anesthesiology,  
Perioperative and Pain Medicine,  
Department of Anesthesiology, Medical School,  
University of Stanford, USA

### **Gurinder M. Vasdev**

MD, Assistant Professor of Anesthesiology, Anesthesia  
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## LOCAL ORGANIZING & SCIENTIFIC COMMITTEE

### **Aikaterini Amaniti**

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# SCIENTIFIC PROGRAM

SATURDAY, September 23, 2023 | 17:00-19:30

## SESSION I

*Chair: Gregory Voyagis, Antonia Dimakopoulou, Anna Smyrli*

- 17:00-17:15 High nasal flow oxygen therapy for surgical patients: future perspectives | **George Stefanakis**
- 17:15-17:30 Difficult airway management: new insights | **Amalia Douma**
- 17:30-17:45 Anesthetic considerations for tracheobronchial surgery | **Anastasios Stathopoulos**
- 17:45-18:00 Perioperative hemostatic monitoring | **Costas Katsanoulas**
- 18:00-18:15 New concepts in hemostatic resuscitation in peripartum hemorrhage | **Effimia Evodia**
- 18:15-18:30 *Q and A*

## OPENING SESSION

18:30-19:00 *Moderator: Georgia Kostopanagiotou*

### WELCOME

- **Maria Psomas**, *Organizing Committee*
- **Gurinder M. Vasdev**, *Organizing Committee*
- *Rector of National and Kapodistrian University of Athens*
- *President of the School of Medicine, National and Kapodistrian University of Athens*
- **Kassiani Theodoraki**, *Professor of Anesthesiology, National and Kapodistrian University of Athens*
- **Eleana Garini**, *President of Executive Board of Hellenic Society of Anesthesiology*
- **Aikaterini Amaniti**, *President of Executive Board of Society of Anesthesiology and Intensive Medicine of Northern Greece*
- **Eleni Chrona**, *President of the Executive Board of Hellenic Society of Algology*

19:00-19:30 *Chair: Thomas J. Papadimos*

### OPENING LECTURE

“The Hippocratic Approach to Patient Care: Its Relevance to Contemporary Medicine”

*Speaker: Askitopoulou Helen*

19:30-20:30 LIGHT DRINK





## SESSION II

*Chair:* **Eleana Garini, Tilemachos Paraskevopoulos, Iosifina Giannakikou**

- 09:30-09:45 Regional Anesthesia and Surgical Anatomy: Is there a connection? Is this the future of Anesthesia? | **Theano Demesticha**
- 09:45-10:15 Role for Regional Anesthesia in Current Practice | **Beth Elliot**
- 10:15-10:45 Multimodal Pain Management | **Paul Carns**
- 10:45-11:15 New Pediatric Pain Management Options | **Robert Friedhoff**
- 11:15-11:30 Intraoperative hypotension: cause, effect and treatment | **Tatiana Sidiropoulou**
- 11:30-11:45 Preoperative and massive bleeding guidelines-What's new in Europe | **Alexandra Papaioannou**
- 11:45-12:00 *Q and A*

**12:00-12:30 COFFEE BREAK**



## SESSION III

*Chair:* **Aggeliki Bairaktari, Panagiotis Briassoulis, Elias Kanellopoulos**

- 12:30-13:00 Anesthesia Considerations for Robotic Surgery | **Gurinder Vasdev**
- 13:00-13:30 Surgical needs during Robotic surgery | **Juliane Bingener-Casey**
- 13:30-14:00 Spinal Headaches: What's new? | **Julie Hammack**
- 14:00-14:15 The failing epidural in the labour ward: Troubleshooting tricks | **Kassiani Theodoraki**
- 14:15-14:30 Is hypertonic saline the solution for intracranial hypertension management? | **Georgia Tsaousi**
- 14:30-14:45 *Q and A*

**14:45-15:45 LUNCH BREAK**



## SESSION IV

*Chair:* **Argyro Fassoulaki, Stavroula Lakoumenta, Stylianos Voulgarelis, Jennifer Henderson**

- 15:45-16:15 Learning and teaching skills for regional anesthesia | **Pedro Tanaka**
- 16:15-16:45 Anesthesia for Thoracic Surgery: A Practical Guide to One-Lung Ventilation | **Steven Rose**
- 16:45-17:00 Protective mechanical ventilation for high risk surgical patient. Tips and tricks | **Diamanto Aretha**
- 17:00-17:30 Is it time to save the best for last? Revisiting the interscalene block for shoulder surgery | **Jason Panchamia**
- 17:30-17:45 *Q and A*

17:45-18:30 **CLOSING REMARKS** **Kassiani Theodoraki, Tatiana Sidiropoulou**



GENERAL INFORMATION

**DATE**

Saturday and Sunday, September 23<sup>rd</sup> & 24<sup>th</sup> 2023

**VENUE**

Royal Olympic Hotel  
Hall PANORAMA



**LANGUAGE**

The official language of the Symposium will be English.

**CME-CPD ACCREDITATION**

The participation will be provided with 9 CME-CPD credits by the Panhellenic Medical Association.

**REGISTRATION**

Participation is free of charge.

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\*\*\*Prospective, single-arm multicenter study in noncardiac surgical patients requiring arterial line monitoring compared to a historical control

#### Reference:

1. U.S. Food and Drug Administration. 2021. K203224 510k Summary, Acumen Hypotension Prediction Index

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